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WHAT ARE THE BENEFITS OF ATTENDING HEROS CLINIC?

- ☑ A comprehensive review of your medical history, medical records and treatments.
- ☑ Diagnostic testing for your unique healthcare needs.
- ☑ A complete physical exam by an expert in oncology.
- ☑ A review of the potential “late effects” of chemotherapy, radiation therapy and bone marrow transplant.
- ☑ A summary of the results of your diagnostic tests and clinic visit sent to you and your primary physician.
- ☑ Advice about steps you can take to maximize your health.
- ☑ Knowing you are doing all you can to remain healthy and pursue your life goals.

To schedule an appointment or to speak with a member of the HEROS Clinic staff please call:

203-785-4640

or fax: **203-737-2228**

The HEROS Clinic is grateful for the generous support of the Yale Department of Pediatrics, the Connecticut Challenge, the Tommy Fund, and the Yale Cancer Center.

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HEROS CLINIC

*A Specialty Clinic for
Survivors of
Childhood Cancer*

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Health, Education, Research and Outcomes for Survivors of Childhood Cancer

WHY A SPECIALTY CLINIC FOR CHILDHOOD CANCER SURVIVORS?

Before 1970, just 20 - 30% of children diagnosed with cancer were cured. But today, almost 80% of children diagnosed with cancer become childhood cancer survivors. Because of this success, it is estimated that 1 in 700 adults is a survivor of a childhood cancer.

Due to the life-saving treatments they received, these survivors, or HEROS, can be at an increased risk for other kinds of medical problems — both physical and psychosocial. These may include a different kind of cancer, heart problems, osteoporosis, decreased fertility, post-traumatic stress disorder and learning disabilities.

But back to the **good** news. Most of these problems respond to early detection and treatment.

The HEROS Clinic at the Yale School of Medicine is the only specialty clinic in Connecticut to focus on the special healthcare needs of childhood cancer survivors.

WHO IS ELIGIBLE?

This clinic is offered to individuals who were diagnosed with childhood cancer over 3 - 5 years ago and before age 21. Major health insurance plans are accepted.



Sui Tsang, Research Associate; Kim Trotta, Nurse Coordinator; Dr. Nina Kadan-Lottick, Medical Director; Dr. Sheila Santacrose, Nurse Researcher; Dr. Laurie Cardona, Psychologist; Beverly Crowther, Research Coordinator. Not pictured: Dr. Steven Brenner, Internist; Dr. Stuart Weinzimer, Pediatric Endocrinologist.

WHAT CAN I EXPECT AT MY HEROS CLINIC APPOINTMENT?

The HEROS Clinic provides specialized care for childhood cancer survivors, as well as health information for them and their families.

Each survivor receives a detailed review of his/her medical record, relevant laboratory tests, and a physical exam. Based on this comprehensive, individual assessment, specific suggestions are provided to each survivor to empower him/her to take steps to maximize his/her health, quality of life and longevity.

All findings and recommendations will be shared with the survivor and his/her oncologist and primary care physician.